

5 Games to Play

0 Prep, 0 Props

Human Rock Paper Scissors (Choose large motions the kids can do. The motions can be different things other than rock, paper, and scissors for more rounds. The leader will do one of the three motions, any of the kids doing that motion for that round is out.)

Follow the Leader (The kids will follow the leader by doing whatever actions/exercises they do.)

Sit Down If (The leader will say "Sit down if", then say something that would apply to some, but not all of the kids. For example: sit down if you are wearing the color blue.)

Categories (The leader will pick a category for each round. The kids will have to stand up one by one and name something in that category that no one has said so far in that round. The round is over when a kid can't come up with something new or repeats a word. For example: Category – animals, kids must say different animals. Category – ice cream flavors – kids must say different flavors.)

Would You Rather (The leader will give the kids two similar options to choose from for each round. Have the kids do one motion for the first option and a different motion for the second option. For example: Would you rather eat a hamburger or a hotdog?)

