



# WEEK TWO

# SMALL GROUP

## FRUIT IN ACTION CHALLENGE - WHEEL OF JOY

*(The Fruit in Action Challenge is a way to help the kids put each week's "fruit" into action in their everyday lives. Encourage the kids to actually do the challenge each week; hold them accountable by asking the kids at the beginning of small group time how the previous week's challenge went. Some kids may not have been there the previous week, but you can include them in the conversation by asking them how they have put the fruit in action in their lives.)*

### SUPPLIES

- "Fruit in Action Challenge Week 2 Printable" (see "Additional Resources" folder)
- Crayons/markers
- Pens
- Scissors/kid-safe scissors
- Small metal brad fasteners (one per kid)

### SETUP

- Gather the supplies and have them available for the kids.
- Print out the wheel of joy printables on cardstock or heavyweight paper. Cut them out ahead of time and fasten the two circles together using the metal brad, with the circle with the opening on top. Optional: for older kids, you can allow them to cut out their own circles and help them fasten them together during the activity. Make enough for each kid to have one they can use during the week.

### TAKE THE CHALLENGE

1. **Say:** Is it easy or hard for you to be full of joy all the time? **Allow kids to respond.** If we are being completely honest, most of us struggle at times with being full of joy. It's not always easy to keep our joy. One of the best ways we can grow the fruit of joy in our lives is by keeping our focus on God and what His Word says. We are each going to decorate and create our own "wheel of joy" right now. The outside



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of the wheel is blank for you to make it your own, but the inside of the wheel is full of verses that remind us of where our joy comes from. This week when you face a situation or problem that makes it hard for you to be full of joy, pull out your wheel and read the verses to bring back your joy. You can even pray these verses over yourself and your friends and ask God to fill you with joy.

2. Pass out the wheel of joy printables and make the crayons/markers available for the kids to share.
3. Give them about 5 minutes to decorate their wheels.
4. Read the verses on the wheels aloud and discuss them as a group. If the kids in your group are older and read well, allow different kids to read each of the verses aloud for the group.
5. Pray over the group to be full of joy no matter what as you finish the activity.